CUT BANK HIGH SCHOOL

CUT BANK PRE-EASTER TRACK & FIELD MEET

ORDER OF EVENTS

**April 13, 2017**

*If possible, we will run ahead of schedule on both running and field events.*

# FIELD EVENTS

1:00 Long jump – boys

 High Jump – girls

 Shot put – girls

 Javelin – boys

 Pole vault – boys

2:15 Long jump – girls

 High jump – boys

 Shot put – boys

 Javelin – girls

 Pole Vault-girls

Discus – girls

3:30 Triple jump – girls

 Discus – boys

4:00 Triple jump – boys

Each contestant will receive three throws and three attempts in the horizontal jumps. We will measure each competitor’s best throw in the Discus, Javelin and Shot Put. All three jumps in long and triple will be measured.

3 Jumps per event – NO FINALS

3 Throws per event – NO FINALS

Opening Heights:

High Jump – Girls 4’0”

High Jump – Boys 5’0”

Pole Vault – Girls 6’

Pole Vault – Boys 8’

North Star will depart from school at 10AM

# RUNNING EVENTS

1:30 110 Hurdles – boys

 100 Hurdles – girls

1:45 100 m dash – boys

 100 m dash – girls

2:15 1600 – boys

 1600 – girls

2:40 4 X 100 – boys

 4 X 100 – girls

3:00 400 m dash – boys

 400 m dash – girls

3:25 300 Hurdles – boys

 300 Hurdles – girls

3:45 800 – boys

 800 – girls

4:05 200 – boys

 200 – girls

4:30 3200 – boys

 3200 – girls

5:00 4 X 400 – boys

 4 X 400 – girls

**We will return by appx. 8PM
Please bring money to eat after meet**